



Dear District 181 Families,

At the end of December, the Illinois Department of Public Health reported widespread activity for influenza (flu) throughout the state. This information is compiled from a variety of sources, including the DuPage County Health Department (DCHD).

The school nurses in District 181 submit a daily absentee report to DCHD. To assist us in providing accurate statistics, please provide the information that is requested when you are calling school to report your child will be absent. Throughout the school year, and especially during the months when influenza is wide-spread, absences are monitored closely so that we can identify clusters of illness and increases in illness and give special custodial attention to high-touch surfaces.

The school nurses are completing hand washing lessons at the elementary schools. An Influenza Fact Sheet from the DuPage County Health Department that provides recommendations for other ways to reduce the chance of becoming ill with influenza or similar illnesses can be found on our District website at www.d181.org > Resources > Health Information.

To contain the spread of influenza, please keep your child home from school if he/she is experiencing influenza-like symptoms such as fever, cough and/or a sore throat. Additionally, your child should not return to school until he/she has been fever-free (less than 100°F) for at least 24 hours without the use of fever-reducing medications.

Thank you for working in partnership with us to keep students and staff healthy.

Sincerely,

Susan Odelson
District Nurse